

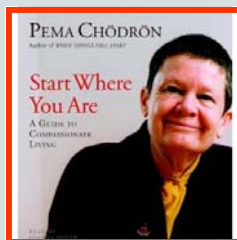
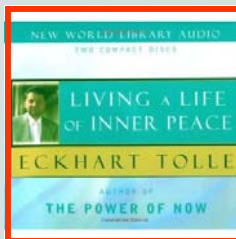
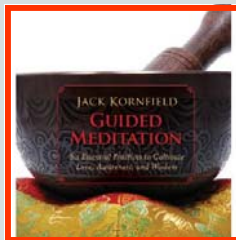
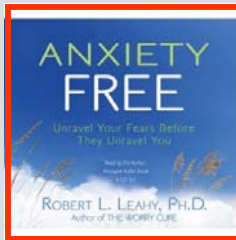


# Waterford County Council Library Service

**May  
Spoken Word**

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## TITLES



- |        |                   |  |
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| 152.46 | Leahy , Robert L. | Anxiety free : unravel your fears before they unravel you  |
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| 158.1  | Byrne , Rhonda    | The secret   |
| 158.1  | Covey , Stephen   | Sharpen the saw  |
| 158.12 | Kornfield , Jack  | Guided meditation : Six essential practices tp cultivate love, awareness and wisdom                                |
| 158.12 | Hay , Louise L    | Meditations for personal healing   |
| 158.2  | Dyer , Wayne W.   | Inside-out wellness : the wisdom of mind/body healing  |
| 158.2  | Dyer , Wayne W    | Peace for all of us  |
| 158.2  | Dyer , Wayne W.   | Inside-out wellness : the wisdom of mind/body healing  |
| 158.2  | Hay , Louise L    | Self-esteem affirmations   |
| 158.7  | Humphreys , Tony  | Work & self  |
| 204.4  | Tolle , Eckhart   | Living a life of inner peace   |
| 204.4  | Dyer , Wayne W.   | Inspirational thoughts   |
| 294.34 | Chödrön , Pema    | Start where you are : a guide to compassionate living  |

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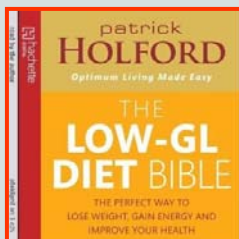
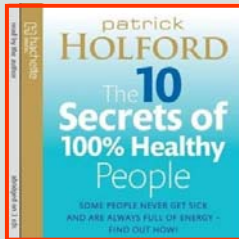
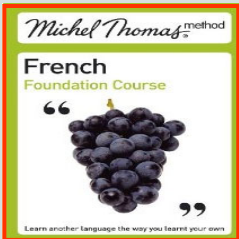
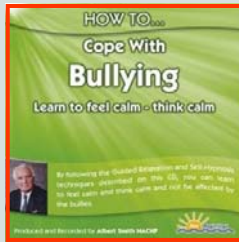


Comhairle Chontae Phortlairge  
Leabharlanna Chontae





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| 371.5 Smith , Albert     | How to cope with bullying : Learn to feel calm  |
| 448.3421 Thomas , Michel | French : foundation course  |
| 613.02 Holford , Patrick | The 10 Secrets of 100% healthy people   |
| 613.25 Holford , Patrick | The low-GL diet bible : the perfect way to lose fat fast, gain energy and improve your health |



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Leabharlanna Chontae

